



St. Louis Catholic School Coach Guidelines and Expectations

Thank you for being a volunteer coach. We would not be able to offer sports at St. Louis without the generosity and support of our volunteer coaches. We truly appreciate your time and talent in helping the athletic program to be successful.

Elementary School Athletic coaches instruct and work with student athletes to prepare them for competition. Coaches help athletes to play their best individually, but more importantly as a team. Here are some guidelines to help you better understand the expectations for our coaches.

Requirements:

1. Signed and updated Archdiocese Code of Conduct
2. Signed Volunteer Hold Harmless Agreement
3. Heads Up to Youth Sports Concussion Training-completed annually
4. Safe Environment Training (Virtus)-completed once and renewed every 5 years
5. Play Like a Champion Today coaches class through CSAL-completed once
6. Background check run by the school and on file - please contact office for more information

Responsibilities:

- Communicate to parents practice times, game times, and locations
- Sets expectations for practices and games and communicates this to parents and students
- Exhibits and mentors the student-athletes in good sportsmanship and fair play.
- Ensures that all student-athletes on their team are guaranteed participation time in all practices and games.
- Monitors the conduct of their student-athletes for the duration of each practice and game.
- Provides a safe environment for the student-athletes by checking the playing area and equipment before each practice and game.
- Promotes fairness, extra effort, and encourages athletes to reach their personal best.
- Must possess leadership skills, and be able to set an example for the players.

- Excellent communication skills in order to inspire players and work with them on improvement.
- Remain with athletes until a parent or guardian has picked them up from practice

Expectations

- No texting students
- No coaching students outside of normal practice times unless approved by a parent and another adult is present
- A coach should never be alone with a child during practice and/or for extra training purposes
- A coach should never drive alone with a child unless it is their own child
- Requests to coach a certain team will be taken under consideration but the final decision will be made by the athletic director
- Coaches will meet with the athletic director prior to the start of the season to discuss expectations and interest in coaching